



ALAMO CAREGIVER TELEPHONE LEARNING SESSIONS

MONTH	DATE	TIME	TOPIC
OCTOBER	Wednesday, October 6th	7:00 pm	Caring Together! Practical Tips for Sharing Caregiving Responsibilities with Your Siblings and Other Family Members
	Thursday, October 7th	11:30 am	The Tell Tale Signs of Caregiver Stress
	Tuesday, October 12th	3:00 pm	Legal Issues: Planning for Future Incapacity
	Wednesday, October 13th	7:00 pm	Managing Difficult Behaviors
	Thursday, October 14th	3:00 pm	Medicare: The Basics and What's New for 2011
	Jueves, 14 de octubre	4:00 pm	Medicare: lo básico y qué hay de nuevo para el 2011
	Tuesday, October 26th	4:00 pm	Living Guilt Free
	Thursday, October 28th	7:00 pm	I'm Not the Same Person Anymore: Coping with Caregiver Role Changes

For more information, visit our website at www.caregiverteleconnection.org or call (210) 877-7987 or (866) 390-6491 Toll Free

